



First Day of ABA Checklist



All items must be labeled with your child's name

Items are intended to be left at Start Bright

Clothing and Comfort

- ☐ 3 extra sets of clothing (shirts, pants, socks, underwear)
- ☐ Light jacket, sweatshirt, or long-sleeve shirt



Snacks

- ☐ Non-perishable snacks your child enjoys



Hygiene Items

- ☐ Months' worth of diapers or pull-ups and wipes (if needed)
- ☐ Any toileting supplies
- ☐ Personal hygiene needs



Parent To do's

- ☐ Complete paperwork
 - Emergency contact form (see website)
 - Medication instruction (see website)
 - Short note about your child for your technician

Optional

- ☐ Family Photo or item for comfort

